

JUNE PROGRAMS

June 2017 July ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 HEALTHY YOU GROUP 2 2/6 2:00 - 4:00PM	2	3
4	5 CRAVING CHANGE 2/4 9:00AM - 11:00AM	6 DIABETES (GROUP) 9:00 - 11:30AM	7 HEALTHY YOU GROUP 1 3/6 5:30 - 7:30PM	8 HEALTHY YOU GROUP 2 3/6 2:00 - 4:00PM	9	10
11	12 CRAVING CHANGE 3/4 9:00AM - 11:00AM	13	14 HEALTHY YOU GROUP 1 4/6 5:30 - 7:30PM	15 HEALTHY YOU GROUP 2 4/6 2:00 - 4:00PM	16	17
18	19 CRAVING CHANGE 4/4 9:00AM - 11:00AM	20	21 HEALTHY YOU GROUP 1 5/6 5:30 - 7:30PM	22 HEALTHY YOU GROUP 2 5/6 2:00 - 4:00PM	23	24
25	26	27 MEMORY CLINIC 8:00AM - 4:00PM	28 HEALTHY YOU GROUP 1 6/6 5:30 - 7:30PM	29 HEALTHY YOU GROUP 2 6/6 2:00 - 4:00PM	30	Notes: