



FEBRUARY PROGRAMS

February 2017						
◀ January						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 CRAVING CHANGE 3/4 9:00AM - 11:00AM FOSTERING MENTAL HEALTH 1/16 3:30PM - 5:00PM	7 DIABETES (GROUP) 9:00 - 11:30AM CBT TOOLS 3/3 3:00 - 5:00PM	8	9	10	11
12	13 CRAVING CHANGE 4/4 9:00AM - 11:00AM FOSTERING MENTAL HEALTH 2/16 3:30PM - 5:00PM	14 MEMORY CLINIC 8:00AM - 4:00PM	15	16	17	18
19	20 FAMILY DAY	21	22	23	24	25
26	27 FOSTERING MENTAL HEALTH 3/16 3:30PM - 5:00PM	28	Notes:			